



Frye Island News Service

Friday in print or on the web at www.fryeislandtown.org

Volume 2019, Issue 16

August 16, 2019

TOWN HALL, LOCATED AT FAIRWAY LANE

(207) 655-4551

FAX (207) 655-3422

office@fryeislandtown.org for inquiries

FINS@fryeislandtown.org for articles

OFFICE HOURS: 9 AM – 3 PM TUESDAY, THURSDAY, FRIDAY, SATURDAY

Town Manager/Island Operations Director Comments:

It's been another busy week with Labor Day and the end of high season rapidly approaching. Just a few notes this week:

Annual Meetings: Another reminder that the annual meeting of Frye Island Incorporated (FII), followed by the combined annual Town Meeting and Board of Island Trustees (BIT) Meeting, will be held on Saturday, August 31 at the Community Center, beginning at 8:00. Registration will begin at 7:30. More detail on these bodies and meetings was published in last week's FINS. This is the meeting at which Board members are elected, the budget is voted, and approval of ordinances and other legislation occurs. Remember that in order to conduct its business on our behalf, FII needs shareholder participation, either at the meeting or by proxy. The FII proxy ballot is below in this document and available on the website in Public Documents.

Election: As mentioned last week, this year two of the three seats on the Board of Selectmen are open for election, one for a 3-year term and one for a 1-year term. One seat of four on the BIT Executive Committee is open for a 3-year term. If you're interested in serving in one of these posts, please fill out a Volunteer Form available in the office or on the website under Public Documents. Include a brief statement of your qualifications and basis for your interest in the position to townclerk@fryeislandtown.org for publication in the FINS. To serve as a Selectman, you must be a registered Town of Frye Island voter. To serve on the BIT Executive Committee, you must be a member of the BIT.

Fireworks: Private fireworks are legal in Maine but are emphatically **NOT** legal on Frye Island, and subject to a fine of up to \$500. Setting off fireworks may serve your personal need to celebrate, but in addition to creating the risk of fire or injury, it disturbs the peace for everyone within earshot, who probably do not share your enthusiasm for the occasion.

Cottage Rental: If you are interested in renting your cottage to the Town for use by our Sheriff's Deputy next season, please send an email to: townclerk@fryeislandtown.org by September 14. Include your name, the Lot Number, your proposed rental fee for the period, times when the premises can be visited prior to October 5, any special requirements or conditions, and any amenities included (golf cart, kayak etc.). The selection will be made by the Town Manager on the basis of the best value to the Town for a suitable cottage.

Milfoil: As mentioned in a prior FINS, through the efforts of the LEA and our volunteers, we have made good progress in controlling milfoil in the Marina and Quail Circle basin. Please be careful not to bring any milfoil back with you if you boat in infested areas.

Island Appearance: Thanks again to the Garden Club for their consistent volunteer effort to maintain and improve the appearance of the island. Almost all of the planted areas you see that beautify the island, and that we can easily take for granted, are installed and tended by Garden Club volunteers using funds raised by their annual plant sale. We owe them our appreciation for helping to give the island the character and beauty we all enjoy.

Enjoy the weekend and the remainder of the island season.

Bill Braun

Candidate for Board of Selectman – 1 year, Ed Charrette

I have been coming to Frye Island for the past fifty years. Even after traveling all over the world, it remains my favorite place to live. My background is varied, after working as a physician for twenty years I became a hospital medical director and later a corporate medical director. I have served on many boards including a Health Maintenance Organization and 12 years for a company listed on the NYSE. I have been an active volunteer on the Island serving in leadership positions and/or as a member of FII, Appeals Board, Planning Board, Comprehensive Plan, Land Management Commission and as a co-founder of the Conservation Commission where we were able to place numerous lots into conservation. I also developed our Trail system and maintained it until recently. Frye Island has been growing steadily without much change until recently when it is beginning to have some growing pains. I would like to do everything I can to preserve its unique forested character and natural beauty.

Candidate for Board of Selectman – 3 year, Dave Wagner

My wife and I have been married since 1983 and are blessed with 4 wonderful daughters and 4 grandchildren. We have been visiting Frye Island since 2000 and we have owned property since 2003. During that time we have developed deep friendships and bonds on the island. When I am fortunate enough to have a free moment, I enjoy playing Pickleball. It helps me to work up a thirst for my other hobby, sampling great craft beer from around the country. In 2011 my wife Amy and I purchased Frye's Leap General Store and Café and have been running this business for the last eight years. This experience has allowed me the opportunity to get to know many island residents and their concerns about issues facing the island. This has been extremely helpful in my duties as a Selectman, which I have been since late 2015. This past year I have served as First Selectman and worked very closely with our town manager on issues and challenges facing the island. Our island is going through a period of growth and transition, as many new families move onto the island. I believe that based on my previous tenure as a selectman and our ownership of the café, that I am well positioned to listen to the input of our fellow islanders and work with the town manager and colleagues on the Executive committee to help chart a path forward.

Candidate for BIT Executive Committee – 3 year, Alan W. Ross

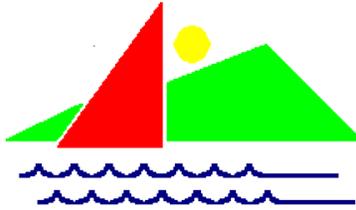
My wife Kathi, my children and I have been enjoyed Frye Island for almost 43 years. I fell in love with the Island the moment I stepped foot on it back in 1976. It seemed then and still today a special place to relax, enjoy our family life and raise our children. For thirty plus of those years we made life-long friendships with families in our neighborhood and enjoyed everything the Island has to offer.

Over all these years the island population has grown significantly and there are challenges ahead to insure that future generations and our children have the same sort of place we have enjoyed all these years. This is why I ran for an open BIT seat last year. Three years ago I retired and now we enjoy spending 5 months a year on our island paradise. Kathi and I feel we have been blessed and decided we wanted to give back to the community as much as possible. To that end I am a present member of the golf committee, the community center improvement committee and the Board of Island Trustees. I also serve as a volunteer ambulance driver, help pick up the golf balls on the driving range each week and serve in the kitchen on golf club Wednesday night dinners. As a Rotarian I believe in service above self. To that end I was awarded the high honor of being named Rotarian of the year in my home town community of Melbourne Beach, FL.

In the last three or so years I have lead 3 significant projects to improve the golf course and make it more sustainable in the years ahead. The Driving Range, the New Practice Putting Green and the new deck behind the clubhouse were all completed the last three years under my leadership. All of these projects are a testament to Frye Island spirit and generosity as islanders donated over \$150,000 of cash and in-kind services to make these projects a reality without one dollar of taxpayer funds being required. They are also a testament to a lot of hard work by many islanders who worked on these projects. All of these projects improved the island experience for everyone in the town. My wife and I are also proud of the charity work we have done by raising over \$50,000 for island causes via the annual band concerts we host in our back yard. Your support at these events has enabled us to provide sleeping quarters for our EMT's and a new automated CPR machine.

I would appreciate your vote this year. I am an experienced no nonsense results oriented business person and I believe I can help move the needle and prepare us for the decades above. As a former CPA, Private Equity President and COO of a diversified family holding company I have the skill sets to lead and more importantly get things done. I believe in small government, holding management accountable, fairness to all taxpayers and striving to keep our Mil rate (our real estate taxes) as low as possible. I would appreciate your vote at the annual town meeting. If you have any questions or if you would like to talk to me about any issue just call me or stop by my house.

Proxy Voting for Frye Island Property Owners



NOTICE OF ANNUAL MEETING OF FRYE ISLAND INC. STOCKHOLDERS

Saturday **August 31, 2019 at 8 AM** in the **Frye Island Community Center**

All Frye Island property owners are encouraged to attend and VOTE in person or by proxy at the upcoming annual Frye Island Inc. (FII) stockholders meeting.

Every person who owns a taxable lot on Frye Island as listed on island tax records as of the date of record, 40 calendar days prior to the meeting date, is a stockholder entitled to vote as provided in Article X of the FII Bylaws. There is one vote for each taxed lot.

FII needs to reach a quorum in order to conduct normal business functions in accordance with FII by-laws, including keeping facilities and other assets in good repair and available to residents. We need your support and participation in order to function. Please attend the meeting in person to participate and vote if possible. A stockholder may also elect to establish a proxy to vote on their behalf, which may be either a paper proxy or an electronic proxy using the proxy election form on the Internet. This link is also being sent to islanders' email addresses on file with the town office:

https://fryeislandinc.formstack.com/forms/proxy_election_form_copy

Votes by proxy or in person will determine election of FII board members as nominated in advance or at the meeting, approval of our budget, and for other routine matters that arise from time to time. Your proxy will designate the FII clerk or another individual of your choice to vote in your place at the meeting. The FII clerk will execute proxy votes in accordance with the FII board consensus. If you select a different individual to hold your proxy, that individual will vote in your place.

Both the electronic and paper versions of the proxy provide that once the proxy is established, it will remain in force indefinitely unless the voter opts to limit it to the 2019 meeting or later revokes the proxy by written notification to the FII clerk. Should a stockholder who has granted a proxy decide to attend a meeting, he or she may cancel the proxy at that time and vote in person. Note that all proxies associated with a lot being sold, conveyed or transferred shall automatically terminate when the lot changes ownership.

The board's continuing practice is that all major issues/decisions anticipated to arise will be posted in the FINS well in advance to allow for personal attendance at the meetings if desired. Your vote is important. To ensure the FII Board is able to properly conduct its business when a physical quorum is not achieved, the Board has established this proxy structure. Please take the time to support our ability to conduct routine island business by attending the meetings or issuing your proxy.

PLEASE SUBMIT A PROXY IN ADVANCE OF THE MEETING IF THERE IS ANY POSSIBILITY THAT YOU WILL NOT BE ATTENDING IN PERSON.

Questions about proxy voting? Please contact the FII President, **Jacquie Ossi** fryeislandinc@gmail.com

Questions or suggestions regarding this form? Please contact **Eric Gleysteen** ericg45@gmail.com

Proxy Voting - Voter Information

Enter name of voter*

First Name: _____

Last Name: _____

If the property for which your vote is cast is owned by a trust or entity such as a corporation or limited liability company, please enter the name of the entity and your title with regards to the entity

Entity: _____

Title: _____

Please enter the lot numbers associated with your vote*

Lot Number(s): _____

Proxy Authorization: Do you authorize the FII Board of Directors or their designee to act on your behalf on matters when the decision is by majority vote? Circle one of the 3 answers below:*

- 1) Yes 2) No 3) I wish to give my proxy to another individual

Name of individual to vote as your proxy: _____

This individual must be present to vote for you in person at the FII meeting

OPEN END PROVISION. If the following box is marked this Proxy is valid only for the 2019 annual meeting. Otherwise, IF NOT SO MARKED THE TERM OF THIS PROXY SHALL REMAIN IN EFFECT UNTIL SUCH TIME AS A SIGNED NOTICE OF REVOCATION IS DELIVERED TO THE CLERK OF THE CORPORATION OR OWNERSHIP OF THE LOT IS TRANSFERRED OF RECORD.

This proxy is effective only for the 2019 annual meeting

Signature*: _____

Date*: _____

This form may be deposited in either the FII Proxy Vote box located at the Town Hall or at the Activity Desk in the Community Center, or you may mail it to Frye Island Inc., One Sunset Rd., Frye Island, ME 04071

Rev. 8/13/19eg



Meetings

Please check the Town Website for additional information and changes. Look on website under “Public Meeting Calendar”.

Planning Board Public Hearing - Ordinance Revisions: Saturday, August 17, 2:00 PM
Town Hall, 712-770-4010, access code 54267

BOS-ExCom Meeting, Sunday, August 18, 2019 8 AM, Town Hall, 712-770-4010, access code 542567.

Conservation Committee Meeting, Sunday, August 18, 7 PM, Town Hall, 712-451-0465, access code 429399.

Planning Board Meeting, Wednesday, August 21, 7 PM, Town Hall, 712-770-4010, access code 54267.

BOS-ExCom Meeting, Saturday, August 24, 2019 8 AM, Town Hall, 712-770-4010, access code 542567.

Annual BIT and Town Meeting, Saturday, August 31, 9 AM, Community Center, 8:00 AM, Registration 7:30.

Planning Board Meeting, Wednesday, September 4, 7 PM, Town Hall, 712-770-4010, access code 542567.

Recreation Committee Meeting, Tuesday, September 10, 7 PM, Community Center Library, 641-715-0632
access code 958115.



Ferry (207) 655-4258 August 16 – August 23

		First Ferry	Second Ferry
Friday	08/16	6 AM-12 mid	9 AM-8 PM
Saturday	08/17	6 AM-12 mid	9 AM-6 PM
Sunday	08/18	7 AM-10 PM	9 AM-8 PM
Monday	08/19	5:30 AM-10 PM	9 AM-5 PM
Tuesday	08/20	6 AM-10 PM	9 AM-5 PM
Wednesday	08/21	6 AM-10 PM	9 AM-5 PM
Thursday	08/22	6 AM-11 PM	9 AM-8 PM
Friday	08/23	6 AM-12 mid	9 AM-10 PM

NOTE: Please remove unused trailer hitches before boarding the Ferry.

Code Enforcement Officer - John Thompson - codeenforcement@fryeislandtown.org
Tuesdays and Thursdays 8:00 AM – 3:00 PM

Transfer Station: Saturday, Sunday, and Wednesday 8:30 AM – 4:30 PM

Pool Hours: 7:00 AM – Sunset



Chapel

Come join us for worship at our Chapel every Sunday at 9 AM at the Community Center. Coffee and refreshments every other Sunday and Communion 1st and 3rd Sunday. All faiths welcome. Pastor Dave DeLuca



Pottery Class – Wednesday, August 21, Noon, Community Center

Towanda Brown is the Art Teacher on Long Island, is coming to teach us a pottery class. She has a pottery program at the Long Island Recreation Dept. She is offering to bring supplies for 15 people to make 2 flower pockets or 4 flower frogs for \$35. We will make them that day and she will bring them when fired in a week. Please register at hjmckee1790@gmail.com
Please register by Sunday, August 18th so that she can plan the supplies.

Swim Club

We can get in the water with wetsuits now! If you would like to swim, call Roxy O (207)-210-2136. Duck Itch or Swimmers Itch – Please don't feed (especially bread), the ducks/geese/gulls. They carry a parasite which causes this itch. Children are at a higher risk as they tend to swim along the shore or in shallow water. Symptoms are a raised red rash, which itches. Clean area with cold water and clean wash cloth. Apply anti itch cream. Avoid scratching. For more information, lookup "Duck Itch" on the internet. Roxy

Frye Island Photography Club Activity

The FIPC is open to all islanders with an interest in photography. No experience is necessary and any camera will do! For general info about the club and/or to be added to our email list, please contact Sandy Storer at sandystorer@comcast.net. Any questions about the meeting held on August 5, call Rosemarie Boyd at (508)769-1219

CHECK OUT ALL
THE BOOKS!



The Frye Island Library

The Frye Island Library is available to residents and visitors. Times are the same as the Community Center. Please enjoy the books and videos. No sign in or out, take what you and your family will enjoy. Children's Book Section, Video selections, Alphabetical Adult reading, FI Book Club Section, Maine Author Section. Our mission is to encourage and allow more reading opportunities in our community.

Books do not have to be returned if you are leaving. If you are donating books, please help the volunteers by shelving your books. Enjoy your Summer Reading.



Mah Jongg

Welcome back to Frye Island Mah Jongg. Monday at 9:30AM and Thursday at 12:30 PM. We will be playing at the Golf Course Clubhouse. Any questions, please contact Carol Stenz 207 655 4041 or Eileen Sullivan 207 655 4950.

Social Bridge

Come join us for an afternoon of Social Bridge each Wednesday at 1:00 PM in the Golf Course Clubhouse. All levels are welcome. Questions? Contact Nancy Perry at 207-655-5221.



Are the DEER eating your plants? We have BOBBEX for sale that will protect the plants. Please call Carol at (207) 655-4041.



Book Group Selections for summer, 2019

The F.I. Book Group meets in the Library of the Community Center at 7:30 PM. This is the final book of the season. All are welcome.

August 26 - THE LAST PAINTING OF SARA DE VOS by Dominic Smith



Frye's Leap General Store and Café **(207) 655-4256**

Store Hours:

Fri & Sat 8:00am – 10:00pm
Sun – Thurs 8:00am – 9:00 pm

Café Hours:

Fri & Sat 11:00am – 9:30pm
Sun 8:30am – 8:30pm
Mon – Thurs 11:00am – 8:30pm

Ice Cream Stand:

Fri – Sat 12:00pm – 9:30pm
Sun – Thurs 11:00am – 8:30pm

In the event of inclement weather, please check our Facebook page or give us a call for the latest on our hours. It is not uncommon for us to close thirty to sixty minutes early if the weather is poor.

UPCOMING TAP TAKEOVERS

Jack's Abbey Craft Lagers

Featuring Lagers, not IPA's!

Labor Day Weekend Saturday!

On Tap Features This Week!

- Lunch IPA
- Sip of Sunshine DIPA
- A Beer with No Name DIPA
- Island Escape Milkshake IPA

Margarita Monday (\$1 off all Margaritas All Day!)

Trivia Tuesday (8pm)

- Seating Starts at 7pm

Karaoke Wednesday (7pm)

Thirsty Thursday (\$1 off all draft beer)

Beer Flight Friday (\$8 Beer Flights)

Live Music Saturday (7pm) with Mike Anson

Weekly Café Musings:

Tap Takeover this past weekend with the folks from Sebago Brewing was a big success. Looking forward to welcoming the folks from Jack's Abbey Craft Lagers on Labor Day Weekend! We will have more lagers on tap than ever before!

Who can believe that we are talking about Labor Day Weekend already?? Crazy! Looking past Labor Day, we will be open on weekends until Frye't Fest weekend, the weekend of Columbus Day. We will also be open for dinner specials and activities the week of 9/3, immediately following Labor Day. Stay tuned for more details!

We are running a special on one of our Frye Island full zip hooded sweatshirts, buy one and get the second at 50% off!

Every week, we have featured flavors in the ice cream stand. Be sure to check out what's new this week!

We are looking forward to seeing you down at the Café and Store soon!



Frye Island Volunteer Fire Department



Have you ever wondered what the women in the FIFD do? Well, they have a specialized role as Fire Police, which is an official title in many Maine fire departments. Although they do train on the engines with the firefighters, and are certified in CPR, they also have other specific duties. When a 911 call is made, FIFD, our EMS and the ferry captains are all alerted, as are the Raymond fire and EMS, and our Sheriff, Howie Brown. The ferry is put on hold until the situation can be evaluated, and a decision made as to whether or not Raymond fire or EMS should come to the island. The incident commander, typically our EMT or a firefighter, works through the dispatchers and the ferry captains to limit delays in normal ferry operations while determining if a medical transport is necessary. When we need assistance from Raymond, one of our Fire Police goes directly to the ferry landing to lead their crew to the scene – this is an important duty that gets the arriving crew to the scene quickly.

Fire police also direct traffic when necessary, for example if a tree is down on electric wires and traffic needs to be routed around that area. When we have special Frye Island events like the fireworks, road race and Frye't Fest, Fire Police provide traffic control to keep everyone safe.

Frye Island Fitness Summer 2019



Hi Everyone! I am Marilyn Sullivan, RN, resident of Frye Island for 29 years. I became a certified personal trainer 7 years ago, from The American Academy of Personal Trainers in Boston. This will be my seventh season teaching fitness classes on Frye Island.

Come join us for a total body fitness class incorporating Zumba, Pilates, dance and cardio in a 1-hour session. \$8/class, \$89 for the entire summer season.

I just wanted to let you know next week will be my last week of classes because I will be going back to my school nurse position...can't believe how fast the summer went.

Monday, Tuesday and Thursday 9 AM Community Center Cardio/Circuit training class
Wednesday 9 AM Beach 6 Yopalates class
Friday No Classes

Yopalates is a gentle yoga and Pilate's class, to start your day off right in a relaxing setting! In case of rain, we will hold class at the Community Center. All you need is a water bottle and mat or towel! All our welcome! Come workout while having fun meeting up with fellow islanders for a great way to keep fit!!



Deputy, Howard L. Brown, Non-Emergency 207-893-2810,
brown@cumberlandcounty.org
Cumberland County Sheriff's Office, Patrol Division

2019 Frye Island Sprint Triathlon – “The TriFrye”

Sunday, September 1st @ 9:00 A.M.

The Recreation Committee will once again hold an informal sprint triathlon on Sunday, September 1st at 9:00 AM. The event is open to participants of all abilities, including those who would prefer to kayak, SUP or snorkel instead of swim. This is meant to be a fun event and people are encouraged to participate either individually or as teams.

The two transitions will be at Beach 6 but the start will be at Beach 5. The order of events is Swim, Bike, Run. The swim leg will be from Beach 5 to 6 (1/3 mile). And then there will be a 6 mile bicycle ride around the island followed by a 3 mile run. Participants are expected to time themselves. Please arrive at Beach 5 at 8:45 so we can start the event on time.

PARTICIPANTS - There is no registration nor entry fee - just show up, participate and have fun.

VOLUNTEERS - We need a minimum of 10 kayakers and SUPer's to spot and watch the swimmers during the swim leg. If you are swimming in the event, consider bringing your own spotter to ensure we have everyone covered.

SPECTATORS - the best place is at Beach 6 to watch the end of the swim leg, transition from swim to bike and bike to run and then the spectacular FINISH! Come cheer on your fellow islanders!

Please contact Patti Brown for any questions or to volunteer at pattibrownre@gmail.com



Frye Island EMS

Cathy Gosselin, Frye Island EMS Director

cathy.gosselin@fryeislandtown.org

Frye Island EMS will be offering CPR classes to those islanders that are interested. If you need a CPR class, please email me at cathy.gosselin@fryeislandtown.org or call 207.756.2374.

Frye Island is a Heart Safe Community and part of being a Heart Safe Community is continuing education to our residents with teaching classes, articles on health and safety and having AED's available for the public use. So here is an article on Heart Attacks and some of the common signs and symptoms. Please be aware these are not the only signs but some of the most common.

Heart Attack Symptoms and Signs in Women

The classic symptoms of heart attack include a feeling of extreme pressure on the chest and chest pain, including a squeezing or full sensation. This can be accompanied by pain in one or both arms, jaw, back, stomach, or neck. Other symptoms of heart attack include shortness of breath, nausea, vomiting, lightheadedness, and a feeling of breaking out in a cold sweat. Although chest pain and pressure are the characteristic symptoms, women are somewhat more likely than men to experience heart attack that does not occur in this typical fashion. Instead, some women with heart attacks may experience more of the other symptoms, like, lightheadedness, nausea, extreme fatigue, fainting, dizziness, or pressure in the upper back.

What should you do if you experience these symptoms?

Doctors agree that if you're in doubt, get checked out anyway. Even if you're not sure if something is really wrong, you should call 9-1-1 if you experience heart attack symptoms. Prompt administration of drugs can help restore circulation to the heart and increase your chances of survival.

Article Author – Melissa Conrad Stoooper, MD (Taken from Web MD)



The Fitness Center

The hours for the gym:

Monday thru Saturday 8:00 am to Noon

Starting Monday, **September 26**, the hours will be **reducing** to Monday, Wednesday, Friday 8:00 to Noon and Saturday 8:00 to 11:00 through Labor Day (September 2nd).

The Fitness Center will be **closed** for **Labor Day**, September 2nd. After Labor Day the hours will be Monday and Friday 8:00 to Noon and Saturday 8:00 to 11:00.

Sign up for Cycle using Sign Up Genius, search using the “creators email” AliciaVesprini@comcast.net, or type in the link below. In the event that a cycle class needs to be cancelled it will be removed from Sign Up Genius and the Google Calendar. This link is also on the Island Google Calendar under the Cycle Class so you can copy and paste it into your browser to sign up.

<https://www.signupgenius.com/go/60b044bacaf2ea2f85-cycle>

The Fitness Center is in need of another Spin/Cycle Instructor!! If you teach spin or know someone on the Island that can teach spin please contact me at AliciaVesprini@comcast.net.

Even if you don't join and you believe TFC is a benefit to the Island, please consider making a donation. TFC is a non-profit/mutual benefit company and **your board members are volunteers!!**

Fee Schedule

Adult Membership (summer)	\$100.00
2nd Adult Membership in the same household (summer)	\$ 75.00
Student Membership (summer)	\$ 65.00
5 Day Punch Pass Does Not Expire	\$ 40.00
One Day Gym Drop In	\$ 10.00
Cycle Only Drop In	\$ 10.00
Cycle and gym access	\$15.00
10 Cycle Classes for seasonal members, Does Not Expire	\$ 50.00



FRYE ISLAND RECREATION

Web: www.fryeisland.com/recreation

Email: recreation@fryeislandtown.org

Message from the Rec Dept. – Our hours for the week of 8/17 will be 10-4pm every day. Starting 8/23, the hours will most likely be cut more as kids head back to school and our wonderful staff head back for their collegiate pursuits. We had 90+ at candy bar squares this past Tuesday. A record turnout! Congrats to the Frye’s Leap Cafe who won the 3 v 3 Basketball Tournament this past Saturday vs. the Blue Wave. Thanks to Al Cuevas for volunteering to ref!

Teen Night – Friday, August 16, 8-10pm, CC. \$5. Join us for food and games.

Pickleball - Mon, Wed, Fri, Sun at 8:45 am at Lancaster Loop Tennis Courts. Pickleball is a paddle sport (similar to a racquet sport) that combines elements of badminton, tennis, and table tennis. Suitable for all ages! Everyone is welcome! Pickleball will not be held on rainy days.

Frye Island Pickleball Tournament - Saturday, Aug. 17, 9am- (set up & check in at 8:45) Sign up ahead of time at the Pickleball courts. Age groups, Singles, Doubles, Mixed Doubles... For all Frye Island Pickleball players and their families...

Casco/Frye Island Pickleball Mixer - Sunday, Sept. 15 - for Intermediate players and friends... more information to follow.

RECREATION CALENDAR AT A GLANCE

August 2019						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
Full calendar @ fryeisland.com/recreation (CC – Community Center) (LL – Lancaster Loop)					16 CC Open 9:30am-5pm Teen Night 8pm	17 CC Open 9:30am-5pm Pickleball Tournament 9am Lancaster Loop Field Games/CTF @ Ballfield 6:30pm
18 CC Open 10am -4pm	19 CC Open 10am -4pm Cardo/Circuit Training Class with Marilyn Sullivan 9am CC Bingo 7pm CC	20 CC Open 10am -4pm Cardo/Circuit Training Class with Marilyn Sullivan 9am CC Last Candy Bar Squares 7pm CC	21 CC Open 10am -4pm Yogalates Class with Marilyn Sullivan 9am Beach 6	22 CC Open 10am -4pm Cardo/Circuit Training Class with Marilyn Sullivan 9am CC	23 CC Open 10am -4pm	24 CC Open 10am -4pm
25 CC Open 10am -4pm	26 CC Open* 10am -2pm Bingo 7pm	27 CC Open* 10am -2pm	28 CC Closed	29 CC Open* 10am -2pm	30 CC Open* 10am -2pm	31/Sep 1 CC Open* 10am -2pm *Tentative schedule, subject to change



Frye Island Golf Club New Membership Promotion

We are proud of all the positive things that have been happening at the golf club. The course continues to improve in quality. We have a new driving range and practice putting green and the entire back deck of the club has been upgraded and replaced. This past year the club has had its most active social event calendar. We are looking to continue to improve the 2020 social calendar including adding more events for youth and woman members.

If ever there was a time to join the golf club this will be the time to do it. As an added incentive to obtain new members the greens committee has approved this very special offer. Last year this successful promotion produced 15 new members to the club, half of which were women. Our woman's and youth golf programs continue to improve. If you or your family become new members before or at this reception your membership fees (and if interested your trail fee) will cover the remaining portion of 2019 and all of 2020 at 2019 rates. This means you will have full membership/golf privileges for all of 2020 and the rest of 2019!

Promotional membership rates are as follows

- 1) Single membership \$760 annually (2019 rate)
- 2) Family membership \$ 1,125 annually (this is an amazing value proposition for a couple and their children) (2019 rate)
- 3) Trail fee \$225 annually (this fee allows you to use your cart on the course for the entire year. (2019 rate).

There is also a small initiation fee of \$575 that is required but it can be paid in one payment in 2020 or over 3 years beginning in 2020.

So come to the club and see all we have to offer and all we have planned for the future. If anyone knows of a family or an individual that may be interested in joining please tell that person about this promotion and about the reception and send their names to me. If anyone has any questions before the reception you can come and see me at 281 Leisure Lane, call me at 401-439-1060 or email me at alanw155@aol.com. I would also be honored to give you a tour of the course and its amenities.

Alan Ross for the Golf Committee



LEISURE LOUNGE AT THE GOLF CLUB 207-655-4551

Beth.Hirsch@fryeislandtown.org

See Calendar below for Leisure Lounge times

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Like us on Facebook: Frye Island Leisure Lounge Instagram: fryeislandgolfclub Free Public WIFI Satellite TV Full Bar Air Conditioning				August	16 8AM – midnight Red Sox vs Orioles 7:10PM	17 8AM - midnight 9AM & Lunch Benefit Scramble for Terri Brown Lobster Dinner CANCELLED Patriots vs. Tennessee 7:00PM Red Sox vs Orioles 7:10 PM
18 7:30AM-8 PM Scramble 8AM Golf Committee Meeting 10:30 AM Red Sox vs Orioles 1:05PM	19 8AM-8PM	20 8AM-8PM 9& Wine 2:45 PM	21 8AM-9:30PM Cookout 5-7PM Red Sox Vs Phillies 7:10PM	22 8AM – 11PM Patriots vs Carolina 7:30PM	23 8AM – midnight DJ' Jammin Jeff Karaoke & DJ 7:30-9:30PM Family Friendly Adults after 9:30PM	24 8AM - midnight President's Cup Tournament Karaoke & DJ 7:30-9:30PM Family Friendly Adults after 9:30PM
25 7:30AM-8 PM Scramble 8AM	26 8AM-8PM	27 8AM-8PM 9& Wine 2:45PM	28 8AM-8PM	29 8AM – 11PMt Patriots vs Giants 7:30PM	30 8AM – midnight Music with Mike Anson 8:30PM	31 8AM – midnight Dean Harlem Music 8:00PM
1 7:30 AM- Midnight Annual Golf Committee Meeting 10:30 AM Ice Cream Social 5-7:00 PM	2 8AM-5:00PM	3 9AM-5:00PM 9& Wine 2:45PM	4 9AM-5:00 PM	5 9AM – 11:00 PM	6 8AM – midnight	7 8AM – midnight Sebago Lake Golf Escape Tournament

Now Serving

Lone Pine Tessalation (double IPA), Guinness Blonde, Allagash River Trip, New Belgium Voodoo Ranger, Citizens Cider

CANCELLED NEW ENGLAND LOBSTER BOIL - Saturday, August 17. Please stop at the Pro Shop for a refund.



Cook Out Wednesday, August 21, 5:00-7:00 PM

\$12.00 per person which includes ice cream! Everyone is welcome!

Leisure Lounge Upcoming Events – Everyone is Welcome!

Sept. 1	Ice Cream Social	5PM-7PM
Sept. 15	Pickleball Cookout	Noon
Oct. 11	Music with Josh Hatfield	
Nov. 2	Last Supper	

The Leisure Lounge is looking to schedule entertainment and other events. Please contact us if you know a musician, DJ, comedian, or other group that would like to perform or host an open mike night, game night or other event. Email: beth.hirsch@fryeislandtown.org or stop in.

Friday, August 23 and Saturday, August 24

He's back! DJ Jammin' Jeff! Karaoke & DJ

Family Friendly from 7:30 - 9:30 PM. Adults Only from 9:30 PM to close



COMING SOON!! Music with Josh Hatfield

COLUMBUS DAY WEEKEND FRIDAY, OCTOBER 11, 8:00 PM



Frye Island Golf Club (207) 655-3551

Beth.Hirsch@fryeislandtown.org

Golf Course and Pro Shop Hours

Monday to Saturday

Sunday

Aug. 16 – Aug. 23:

8:00 AM - dusk

7:30 AM – dusk

Members are required to sign in @ Pro Shop. Please call for Tee Times (207) 655-3551.

Range is closed early AM on Wednesdays for mowing.

Benefit 9 Hole Scramble - Saturday, August 17, 8:30 AM Checkin

9:00AM Shotgun \$50/per person

Followed by Lunch. Make your own teams or we can help! Benefit for Terri Brown, and her husband, County Sherriff, Howie, as they battle cancer together. All proceeds will be donated for ongoing treatment. Donations are also welcome! Sign up on the wall and pay in the Pro Shop. Sign up to bring an appetizer, side or dessert or to help with prep or clean up!

2019 Tournament Schedule

Date	Tournament Name	Organizer(s)
August 17	Benefit Scramble & Lunch for Terri Brown	Todd Keigwin (Public) 8:30 AM checkin
August 24	President's Cup (Members Only)	Bruce Hickie/Greg Tedford
September 7/ 8	Sebago Lake Great Escape	Mark Thomas (Private)
September 21	TKE Fall Classic/Tentative	Jim/John Hodge (Private)
October 13	Captain's Choice (Public)	Bob Thurston/Todd Keigwin
October 26	Cross Country (Public)	Todd Keigwin

Member/Guest Results

Overall Flight Winners

Women: Marlene Wilson, Kathy McGuiness

Men: Jon Hartman, Paul Crowley

Putting Contest: Kathy Hingston

Closest to the Pin: #4 Karen Spring, Paul Crowley (Sat.) Cathy Burbank, Chris Webb (Sun)

#8: Theresa Hodge, Paul Murphy (Sat) Tricia Basque, Mike Morrill (Sun)

Consolation Winners: Todd Keigwin, Dave McDonald

Flight Winners:

#1 Andrew Morrill, Matt Serrao

#2 Jon Hartman, Paul Crowley

#3 Mike Daigle, Raf Calixto

#4 Drew Hodge, Cam Rothfuss

#5: Bob Thurston, Bill Francis

#6-Wayne Hingston, Rich Basque

#7: Marlene Wilson, Kathy McGuiness

#8 Karen Spring, Cathy Burbank



9 & Wine Scramble, Tuesdays, Tee Off at 3:00 PM

\$2.00 for prizes. Join in for golf in a pressure free environment, scramble format.

Tuesday we played 9 and Rain. The winning team was Jen Goldman, Elaine Pigott, Kathy Hingston, and Donna Gallant.



Sunday Morning Scramble, Tee Off at 8:00 AM

The Scramble is open to players of all levels. Sign up at the Clubhouse by 7:45 AM.

Scramble Results for August 11, 2019

Winning Team: \$28.80 each
 Todd Keigwin, Paul Crowley,
 Dave McDonald, Mike Hurley,
 Eileen Fagan

Second Place: \$19.20 each
 Jim Hirsch, Curt Farnsworth,
 John Neary, Glen Keefe, Heidi
 Bond

Closest to Pin: \$23.00 each
 #4-Harry Holgersen
 #8-Greg Lydon

President's Cup

Saturday August 24, 2019

This is a Net Club Championship, Full Handicaps will be used...Men – Limited to 36 strokes, Women – Limited to 40 strokes. Tournament is for Members Only!

Other Rules/Requirements:

Cost: \$15 pp + any applicable greens fees.

Tee Times: Make your own. May play anytime Saturday, but must finish before 7:00 PM.

All groups must have two or more Club Members, if you do not play with another Member, you will be disqualified. Score cards must be signed and turned in at the Pro Shop. Blue Tees available, for those who qualify. Contact Bruce Hickie or Todd Keigwin with any questions. Pro Shop/Credits will be paid, based on the size of the fields.

Annual Golf Committee Meeting

Sunday, September 1 10:30 AM

Everyone is Welcome!

Golf Committee Nominations

If you are interested in running for the Golf Committee, please contact the Pro Shop to register at your earliest convenience. There are three openings for three-year terms. You must be an Active Member to run. It is not necessary to register as Nominations can be made from the floor during the Annual Meeting on September 1. However, by registering in advance, you are providing the membership more of an opportunity to consider your candidacy and to discuss your position on various issues that are important to them. All candidates will also be able to make a statement during the meeting. If you would like to submit a bio for the FINS, please forward it to beth.hirsch@fryeisland.org.